

## **Mexican Maypo Grits**

## **Mixture:**

1 lb ground beef

1 cup chopped onion

1 cup chopped green pepper

1 15 oz. can tomato sauce

2 teaspoons chili pepper

1/2 teaspoon salt (optional)

## Shell:

3 cups water

1 cup Maypo Enriched Hominy Grits, uncooked

1 1.25 oz pkg. taco seasoning mix

## **Toppings:**

1 1/2 cup (6 oz.) shredded cheddar cheese

1 medium tomato, chopped

Preheat oven to 350F. Brown meat with onion and green pepper; drain. Add tomato sauce, chili powder and salt; mix well. Simmer 15 minutes; stir occasionally. Bring water to a boil, slowly stir in **Maypo** grits and taco seasoning mix. Reduce heat; simmer 3 to 5 minutes or until very thick, stirring occasionally. Spread grits mixture over bottom of greased 13 x 9 inch glass baking dish, pushing against sides to form a shell. Spoon hot beef mixture into shell. Bake 20 to 25 minutes or until heated thoroughly. Top with cheese and tomato; serve.

Serves 8